

Why not join the Ramblers for friendship and fresh air?

Walking is such an ordinary everyday activity, most people take it for granted. But in fact it's an excellent natural exercise that can help you stay healthy and live longer, control your weight, keep happy, enjoy time with friends and family, learn more about your local area and even look after the environment.

If you would like to walk more, the Ramblers is for you. With 500 local walking groups leading over 38,000 led walks every year, there's bound to be something near you. Our walks programs cater for all abilities, with many of them aimed specifically at beginners.

"Over the last few months I have lost over a stone and have no doubt that walking has helped me achieve my goals. I walk regularly at least four times a week - it's a very social activity with the added bonus of helping me to stay fit and healthy.

Now I'm always desperate to get out and every time I want to walk a little further and further. In short, walking is magic." Chrissie



Have you got a question?
Please contact us at marketing@ramblers.org.uk

The Ramblers' Association is a registered charity (England & Wales no 1009577, Scotland no SC039796) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

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ramblers
at the heart of walking

**Special
Facebook
offer**

50% discount when you join by Direct Debit

As a member you will benefit from:

- **Huge variety of Ramblers led walks**
With over 38,000 led walks each year across Britain, we have something for everyone.
- **Fantastic discretionary discounts**
You will receive a 10% discretionary discount at Cotswold Outdoor, our recommended retailer, plus a 20% discount voucher with your new member pack.
- **FREE walk magazine** (rrp: £3.60 per issue)
The UK's biggest walking magazine will be sent to you four times a year. It's packed with news, gear reviews, walking features and breathtaking photography.
- **Great walking holiday offers**
Save money on walking holidays with our recommended holiday partner, *HF Holidays*. Visit www.hfolidays.co.uk/ramblersoffers to view the latest offers.

Your membership will also help us to protect footpaths and walking spaces for everyone to enjoy.

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www.ramblers.org.uk

*****PLEASE ALLOCATE ME TO NOTTS DERBY WALKING GROUP, REF NE50*****

Joining form

Please fill in the form and return to:

Ramblers, 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW

Quote code **D11LCO** when phoning **020 7339 8595*** to set up a Direct Debit over the phone. Offer expires 15th February 2012.

*Ramblers Central Office will be closed from 23rd December 2011 until 3rd January 2012.

Special Facebook offer

50% discount when you join by Direct Debit

Terms and condition: This offer is only available for new members joining by Direct Debit. Membership is valid for 12 months from the date of joining. The 50% discount is only valid in first year of membership.

Please choose your membership

Individual £15.50* (normally £31) Joint* £20.50* (normally £41)

These rates are valid until 15/02/2012

* These special rates apply to first year's membership and are only valid when paid by Direct Debit.

† Joint membership is for 2 adults at the same address.

Title _____ First name _____ Surname _____

Title _____ First name _____ Surname _____

Address _____

_____ Postcode _____

Telephone _____ Mobile no _____

Email address(es): _____

Member 1 _____ Member 2 _____

Date(s) of birth _____

We respect your privacy and will not sell your personal data to any third party. The Ramblers will use your details to tell you about our activities and mail you in accordance with your chosen mailing preferences, to administer your membership and to conduct analysis. For further information please see our full Privacy Policy.

One of the ways we can save money and recruit more supporters is through reciprocal mailings with like-minded organisations. If you would prefer to be excluded however, please tick this box

We'd like to contact you from time to time to tell you about our fundraising activities and raffles. If you'd prefer to be excluded, please tick this box

Why do you want to join?

- 1. To walk with a local group
- 2. To meet new people
- 3. To support our campaigns
- 4. To improve your health
- 5. To use the membership benefits
- 6. Other reason

I/we agree to become a Member of the Ramblers' Association, subject to its Memorandum and Articles of Association and its Standing Orders.

Signature _____

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Increase the value of your donation by 25% at no extra cost to you.

I would like the Ramblers' Association to treat any donations or membership subscriptions I have made over the past 4 years and any I may make in the future, as Gift Aid donations, based on the basic rate at the time enforced.

Title _____

Full name _____

Date _____

To qualify for Gift Aid, you must pay an amount of income tax and/or capital gains tax at least equal to the tax that the Ramblers' Association will reclaim on your donation (currently 25p for each £1 you pay). You can cancel this declaration at any time.



020 7339 8595 for membership services

The Ramblers

Instruction to your Bank or Building Society to pay by Direct Debit



Please fill in the form and send to:
The Ramblers, 2nd Floor, Camelford House,
87-90 Albert Embankment,
London SE1 7TW

Service user number

9 2 2 6 7 0

Name and full postal address of your Bank or Building Society

To: The Manager

Bank/Building Society

Address: _____

Postcode

Name(s) of Account Holder(s)

Branch sort code - -

Account Number

Ref Number

Instruction to your Bank or Building Society:

Please pay the Ramblers Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with the Ramblers and, if so, details will be passed electronically to my Bank/Building Society.

Signature(s) _____

Date _____

Banks and Building Societies may not accept Direct Debit instructions for some types of account.

The guarantee should be detached and retained by the payer

The Direct Debit Guarantee



- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit the Ramblers will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request the Ramblers to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by the Ramblers or your bank or building society you are entitled to a full and immediate refund of the amount paid from your bank or building society.
 - If you receive a refund you are not entitled to, you must pay it back when the Ramblers ask you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.